

Events

1/14 | 6:30PM-9PM | Los Altos Library

The Joyful Vegan: Eating and living with purpose

Join GreenTown for a super way to start off the new decade! At an inspiring thought-provoking, habit-changing talk that dispels myths and misconceptions about plant-based eating and gets to the heart of why we resist making changes that actually benefit ourselves and others. You'll leave with the tools and resources you need to reflect your deepest values in your daily behavior — joyfully, deliciously, healthfully, and unwaveringly. Register [here](#).

3/7 | 10AM to noon | Heritage Oaks Park, Los Altos

World Water Monitoring Challenge.

GreenTown is partnering with [GrassRoots Ecology](#) for an opportunity to learn about your watershed and how to protect creek habitat. A great opportunity for young families, scouts, and community members curious about their local creek. Register [here](#).



Wanna Be One Of Our 500 Tree Owners?

It's Not Too Late!

GreenTown's 500 Trees [campaign](#) is coming down the home stretch. If you'd like a tree or two of your own, or if you'd like to help plant some trees, email us at info@greentownlosaltos.org to get cooking on cooling down the planet for everyone.



Trim in January:

Rejoice in March!

Nesting season begins soon. Now is the best time to perform any garden trimming BEFORE the birds start scouting or nesting. In fact, hummingbirds can be found nesting now or observed returning to last year's nest location. So get out those shears and clip!

Remodeling's A Blast BUT:

Have You Considered Induction Cook Tops?

Considering a kitchen remodel? You may want to check out induction cook tops for a healthier home.



Gas stoves are, well, a blast. To use that is. But it turns out you can cook just as effectively with induction stoves while avoiding potentially harmful health effects caused by respiratory irritants such as nitrogen dioxide and carbon monoxide that accumulate in your home when using gas appliances.

The majority of studies regarding natural gas use in the home correlate with adverse health effects. One even cites a 30% higher likelihood of children acquiring a respiratory illness in households using gas stoves over all-electric households. There are many articles about the issue online. For starters [here's one](#) from the National Institutes of Health (NIH).

Click to donate and curb climate change with us.

Burning question? Great idea? Want to help?

Contact us at info@greentowlosaltos.org.

Or use social media to tell us what you think matters most.



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